

29.05.2016 VANTAA, MYYRMÄKI

PLACE AND TIME:

Sunday 29.05.2016, Myyrmäen urheilutalo (Myyrmäki sports hall), Myyrmäenraitti 4, 01620 Vantaa, Finland (12 km from Helsinki). Swimming hall and a cafeteria is available in the same building, a shopping centre is within walking distance.

WEIGHING:

Sunday 29.05.2016 at 08.30–09.00. Team contest starts at 9.30. <u>The weighing result of the</u> <u>Saturday's individual competition is also accepted</u>, if the competitor has competed on Saturday, i.e. the weighing result is in the Sat competition list. Otherwise weighing on Sunday even competitor was registrated for Sat individual competition.

AGE CATEGORIES AND PARTICIPATION:

Members of national organisations which are members of IJF, EJU or NJU. At least 5. kyu. Boys and girls U11 (born 2006-2009), U13 (born 2004-2005) and U15 (born 2002-2003).

WEIGHT CATEGORIES:

Combined age categories of boys and girls, <u>only weight is relevant</u>. 5% overweight allowed. -30, -32, -34, -38, -42, -46, -50, -55, +55 kg (note: only competitors of +55kg can skip a fight and still can continue in the next fight; see Team competition rules 2015)

RULES:

Team contest rules, **except a full team must have at least one girl** (a team doesn't have to have a competitor in every weight category, but over the half of the categories must be filled). Young children's special rules are not applied because age categories are not used. Further rules can be request from contact person and are available at contest place.

CONTEST SYSTEM:

Pool (< 5 teams), double pool (6–8 teams), triple pool (9–12 teams), french (> 12 teams).

CONTEST TIME AND TECHNIQUE LIMITATIONS:

2 min. (normal golden score -rules). Shime- and kansetsu-wazas are forbidden.

ENTRIES:

Entries must be sent by Tuesday 24.05.2016 to erika.markkanen@gmail.com (name of the team). Teams are listed: www.jukara.fi/judo. The names and weight categories of individual competitors are announced by the team after weighing. Entry fee $100 \notin /$ team is paid in cash at competition place.

INSURANCE:

Each national federation is responsible for insuring its competitors against "injury and third part risk (public liability)" during the period of the competition. Organizer declines all responsibility.

ORGANIZER RESERVES FOLLOWING RIGHTS:

The organizer has the right to limit the number of teams of each judoclub and change the contest system if necessary. The medalists of the previous year are placed in the chart.

ORGANIZER:

Vantaan Jukara ry. Contact: Erika Markkanen tel. +358 44-5562 841, erika.markkanen@gmail.com